INSTRUCTIONS FOR
WHOLE-BODY BONE SCAN,
3-PHASE BONE SCAN, BONE SCAN + SPECT

Your doctor referred you for a Whole-Body Bone Scan (code 226.131) and/or 3-Phase Bone Scan (code 226.162), and/or Bone Scan + SPECT.

This procedure allows to scan your skeleton (partly or totally) to diagnose primary or secondary bone diseases (infection, inflammation, fractures, stress injuries, etc).

Prior to the exam, you will be injected with a small dose of radioactive material. There are no adverse effects and this test has been approved by the Ministry of Health.

An important note for women having Nuclear Medicine studies:
As with any test using radiation, you must inform our reception clerk before your appointment if:
- You are or may be pregnant,
- you are breastfeeding.

Patient preparation:
No special preparation is required before the procedure, except for dialysis patients

Procedure description:

Whole-Body Bone Scan:

a) Injection of the radioactive tracer.
b) Three hours later (two for children), 1/2-hour whole-body scanning.
c) While waiting for the exam, you are required to drink at least two liters of fluid.

3-Phase Bone Scan:

a) After injection of the radioactive tracer, 1/4-hour scanning (phase 1 and 2).
b) Three hours later (two for children), scanning.
c) While waiting for phase 3 (3 hours), you are required to drink at least two liters of fluid.

Bone Scan + SPECT:

a) Injection of the radioactive tracer.
b) Three hours later (two for children), scanning of your entire skeleton with additional images (SPECT) of the problematic area.
c) While waiting for the exam, you are required to drink at least two liters of fluid.

- We will do our best to perform the scan at the scheduled time. Nevertheless, there may be some delay and we apologize in advance for any inconvenience.
- Results of the test will be sent to your referring physician.
- Please bring a guarantee of payment ("Hithaivut") from your Medical Sick Fund.
- It is recommended to bring with you reading material, food and beverages.

For additional information, please call:
02-6776717 or 02-6777842 from 8:00 to 16:00 Sun.-Thurs.
Authorized by:
Dr. Marina Orevy, Acting Head of the Department of Medical Biophysics and Nuclear Medicine.

----------------------------------
Rami Marciano, Chief Technologist

----------------------------------